

NOBLE ROASTED VEGETABLE TART

https://www.mainland.co.nz/recipe/noble-roasted-vegetable-tart.html



PREP TIME 15 MINS

COOKING TIME 60 MINS

SERVES 4

Packed with vegetables and Noble Cheese, this colourful tart makes for a flavoursome lunch or dinner.

Ingredients

- 1/4 pumpkin, peeled and diced
- 1/2 an eggplant, diced
- · 2 capsicums, diced
- · 1 zucchini, diced
- 1 orange or purple kumara, diced
- 1 red onion, peeled and diced
- 2 tbsp olive oil
- 1 clove garlic, chopped
- 1 tbsp fresh thyme leaves
- Salt and freshly ground black pepper, to taste
- 1 cup Mainland Noble Cheese, grated
- · 3 eggs
- · 3/4 cup Anchor Fresh Cream
- 1-2 sheets ready rolled savoury short pastry

Method

- 1. Preheat oven to 180°C.
- Combine all vegetables with oil, garlic, thyme and seasoning and mix well. Arrange vegetables in a single layer on a baking tray lined with non-stick paper, and roast for 20-30 minutes or until tender and lightly coloured.
- 3. Meanwhile, line a medium tart tin with the pastry sheets, trimming to fit the sides neatly. Chill until ready to use.
- 4. Whisk eggs with cream in a small bowl and stir in the grated Noble
- 5. Arrange the roasted vegetables in the pastry-lined tin, then pour the egg and cheese mixture over and around the vegetables.
- 6. Bake for 25-30 minutes or until the centre is set and the pastry and vegetables golden.
- 7. Serve with a fresh herb garnish and salad on the side.